



PLEASANT HILL COMMISSION ON AGING MEETING

WEDNESDAY, OCTOBER 7, 2009

9:00 A.M.

**Small Community Room at City Hall
100 Gregory Lane, Pleasant Hill, CA**

Chair: Jane Fuentes

Vice Chair: Richard Travis

Members: Gloria Alsheimer, Betty Hambly Gerhard Heinrich, Shirley Huyck,
Kit Livingston, Alexandra True, Renita Vinluan-Fan

Staff Liaison: Linda Stehr

AGENDA

1. Public Comment
2. Introduction of Newly-Appointed Commissioner Alexandra True
3. Approval of Minutes for Commission Meeting of September 2, 2009
4. Recruitment of Volunteers to Assist with Senior Summit on October 18, 2009
5. Discussion Regarding Attendance at Central Contra Costa County Senior Coalition Meeting in October
6. Monthly Reports:
 - A. Kit Livingston Health Issues
 - B. Jennifer Pearce Contra Costa County Advisory Council on Aging
 - C. Gloria Alsheimer Physical Education
 - D. Gerhard Heinrich City Council & Aging Research
 - E. Renita Vinluan-Fan Programs of All-Inclusive Care for the Elderly (PACE)
 - F. Richard Travis General Topics
 - G. Jane Fuentes Senior Health Insurance
 - H. Betty Hambly Historian/Sunshine Duties
 - I. Shirley Huyck Senior Van/Transportation
 - J. Leo Vardas Senior Citizens' Club
7. Correspondence
8. Announcements
9. Adjournment

**Next Meeting: November 4, 2009, at 9:00 a.m.--Agenda items are due by October 28, 2009.
If you are unable to attend, please contact Lynn Boardman at 671-5237.**