



PLEASANT HILL COMMISSION ON AGING MEETING AGENDA

THURSDAY, JUNE 13, 2019

5:00 P.M.

Small Community Room at City Hall
100 Gregory Lane, Pleasant Hill, CA

<i>Chair</i>	Kathy Arras
<i>Vice Chair</i>	Rachel Anderson
<i>Commissioners</i>	Veronica Dangerfield, Gail Egbert, Cary Kennerley, Petra Kubler, Quy Tran, Lorna Van Ackeren, and Kirsten VanderVorst
<i>Ex-Officio Members</i>	Kendra Luke, Senior Center, and Jeannette Holmes, Senior Club
<i>Contra Costa County Advisory Council on Aging</i>	Lorna Van Ackeren (also a Commissioner)
<i>Staff Liaison</i>	Danielle Habr

1. **Roll Call**
2. **Public Comment:** Members of the public may speak on any item *not* on the agenda, but within the Commission's scope, during this public comment section of the meeting. *Public comment is generally limited to 3 minutes per speaker.*
3. **Welcome New Commissioner Veronica Dangerfield**
4. **Presentation by Pleasant Hill Recreation & Park District General Manager Michelle Lacy**
5. **Approve May 9, 2019 Minutes**
6. **CarFit Debrief (Vice Chair Anderson)**
7. **Finalize 4th of July Parade Participation Details (Commissioner Kubler)**
8. **Discuss Tai Chi in the Park (Vice Chair Anderson)**
9. **Pleasant Hill Recreation & Park District Board of Director's Meeting Debrief (Commissioner Tran)**
10. **Discuss Mid-Year Advisory Report to the City Council**
11. **Senior Van Service Subcommittee Update**
12. **Commissioner and Liaison Reports**
13. **Announcements/Correspondence**
14. **Adjournment**

If, due to a disability, reasonable accommodation is needed to participate in this meeting, please contact the staff liaison 72 hours in advance of the meeting at (925) 671-5221 or via California Relay at 711.

Next Regular Meeting: July 11, 2019